**Crystals & Gems and Their Powers**

Here is a list of 50 gemstones and their traditional metaphysical properties:

1. Agate - promotes stability and grounding
2. Amazonite - promotes communication and self-discovery
3. Amethyst - promotes peace, stability, and spiritual awareness
4. Apatite - promotes creativity and manifestation
5. Aquamarine - helps communication and promotes courage
6. Aventurine - promotes good luck and abundance
7. Black Onyx - provides protection and grounding
8. Bloodstone - promotes courage and helps with physical healing
9. Calcite - promotes mental clarity and emotional balance
10. Carnelian - promotes motivation and courage
11. Chrysocolla - promotes communication and tranquility
12. Chrysoprase - promotes happiness and good fortune
13. Citrine - attracts abundance and success
14. Clear Quartz - amplifies energy and enhances intention
15. Diamond - symbolizes eternal love and enhances clarity of thought
16. Emerald - promotes love and healing
17. Fluorite - promotes clarity and stability
18. Garnet - promotes success and good health
19. Hematite - provides protection and grounding
20. Howlite - promotes relaxation and stress relief
21. Iolite - enhances intuition and self-awareness
22. Jasper - provides protection and stability
23. Kyanite - promotes communication and clarity
24. Lapis Lazuli - enhances wisdom and self-awareness
25. Lepidolite - promotes emotional balance and relaxation
26. Malachite - promotes transformation and protection
27. Moonstone - promotes emotional balance and intuition
28. Obsidian - provides protection and helps release negative patterns
29. Onyx - provides protection and grounding
30. Opal - enhances creativity and expression
31. Peridot - brings prosperity and happiness
32. Pietersite - promotes spiritual growth and enhances intuition
33. Prehnite - promotes inner peace and protection
34. Pyrite - attracts abundance and success
35. Quartz - amplifies energy and enhances intention
36. Rhodonite - promotes self-confidence and compassion
37. Rose Quartz - promotes love and emotional healing
38. Ruby - symbolizes passion and vitality
39. Sapphire - symbolizes truth and wisdom
40. Selenite - promotes clarity and peace
41. Smoky Quartz - promotes grounding and protection
42. Sodalite - promotes communication and self-expression
43. Sunstone - promotes positivity and joy
44. Tiger's Eye - promotes protection and good luck
45. Topaz - promotes creativity and individuality
46. Turquoise - promotes healing and protection
47. Unakite - promotes emotional balance and spiritual growth
48. Vanadinite - promotes motivation and manifestation
49. White Agate - promotes peace and tranquility
50. Yellow Jasper - promotes positivity and joy