**Crystals & Gemstones For Healing**

AGATE - Good for transmutation; helps with the emotion of acceptance; gives a mellow, blended aspect; beneficial in stomach area.

AGATE/BOTSWANA - Use with high-pressure oxygen therapy; smoke inhalation.

AGATE/FIRE - Master healer with color therapy; enhanced all essences; grounds and balances; sexual & heart chakra binder; burns energy.

AGATE/MOSS - Emotional priorities; mental priorities; colon, circulatory, pancreas & pulses; blood sugar balance; agriculture.

AGATE/PICTURE - L & R brain imbalances, i.e. epilepsy, autism, dyslexia visual problems blood circulation to the brain apathy is eased.

ALEXANDRITE - Low self-esteem & difficulty centering imply need; central nervous system disorders; spleen & pancreas.

AMBER - Memory loss; eccentric behavior; anxiety; inability to make decisions; thyroid, inner ear & neuro-tissue strengthener; activates altruistic nature; realization of spiritual intellect.

AMETHYST - Headaches; blood sugar imbalance; L brain imbalances; edginess; facilitates healing; inner peace; psychic insight; stimulates third eye; aid for meditation, spiritual opening & internal surrender.

ANHYDRITE - Heavy metal miasma is alleviated.

AQUAMARINE - Fluid retention; coughs; fear; thymus gland; calms nerves; problems with eyes, ears, jaw, neck, stomach, teeth; mental clarity; meditation.

ATACAMITE - Genitals; VD; thyroid; parasympathetic ganglia.

AVENTURINE - Eliminates psychosomatic illnesses, fear; skin diseases; nearsightedness; positive attitude; creative insight.

AZURITE - Arthritis & joints; surfaces psychic blocks that form physical blocks; helps one let go of old belief systems; dissolves fear & helps transform it into understanding.

AZURITE-MALACHITE - Skin diseases; anorexia; calms anxiety; lack of discipline; powerful healing force to physical body; emotional release.

BERYL - Laziness; hiccoughs; swollen glands; eye diseases; bowel cancer.

BLOODSTONE/HELIOTROPE - Circulation; all purpose healer & cleanser; stomach & bowel pain; purifies bloodstream; strengthens blood purifying organs.

CARNELIAN - Grounding; stimulates curiosity & initiative; focuses attention to the present moment; use with citrine on lower 3 chakras; digestion.

CHALCEDONY - Touchiness; melancholy; fever; gallstones; leukemia; eye problems, stimulating maternal feelings & creativity. Release.

CHRYSOCOLLA - Emotional balancer & comforter; alleviates fear, guilt & nervous tension; facilitates clairvoyance; arthritis; feminine disorders; eases labor & birth, thought amplifier.

CHRYSOLITE - Inspiration; prophecy; toxemia; viruses; appendicitis.

CHRYSOPGRASE - Gout; eye problems; alleviates greed, hysteria & selfishness; VD; depression, promotes sexual organ strength.

CITRINE QUARTZ - Heart, kidney, liver & muscle healer; appendicitis; gangrene; red & white corpuscles; digestive tract; cleanses vibrations in the atmosphere; creativity; helps personal clarity; will bring out problems in the solar plexus & the heart; eliminates self-destructive tendencies.

CLEAR QUARTZ - Transmitter & amplifier of healing energy & clarity; balancer, channeler of universal energy & unconditional love; all-purpose healer; programmable

DIAMOND - All brain diseases, pituitary & pineal glands, draw out toxicity, poison remedy.

DIOPSITE & ENSTATIATE - Organ rejection; heart, lung & kidney stimulation; self-esteem

ELIAT STONE - Tissue & skeletal regeneration; detoxification; antidepressant; karmic life acceptance

EMERALD - Radiation toxicity; all mental illness; circulatory & neurological disorders; transmits balance, healing & patience; increases psychic & clairvoyant abilities; meditation; keener insight into dreams.

FLOURITE - Bone disorders; anaesthetic; hyperkenesis; ability to concentrate; balances polarities; 3rd eye center; mental capacity & intellect.

GARNET/RHODOLITE - Capillaries; skin elasticity, protection from pre- cancerous conditions

GARNET/SPESSARTINE - Bad dreams; depression; anger; self-esteem; hemorrhages; hormone imbalances; inflammations, sexual disease

HEMATITE - Blood cleanser & purifier; self esteem; augments meridian flows; aids in astral projection.

HERKIMER DIAMOND - Enhances dream state; helps alleviate stress; draws toxicity from physical form; balances polarities; increases healing ability; develops ability to "give".

JADE - Kidney, heart, larynx, liver, parathyroid, spleen, thymus, thyroid & parasympathetic ganglia healer; strengthens body, longevity.

JASPER/GREEN - Constipation; ulcers; intestinal spasms; bladder, gallbladder & general healer; clairvoyance; balances healer's aura field

JASPER/PICTURE - Skin, kidneys, thymus & their neurological tissues; betters the immune system; past life recall; overactivity in dream state & hallucinations show a need for it.

JASPER/RED - Liver; stomach troubles & infections

JASPER/YELLOW - Endocrine system tissue; thymus; pancreas; sympathetic ganglia stimulation; etheric body alignment.

JET - Feminine disorders; teeth; stomach pain; glandular swelling; fevers; hair loss; alignment of lower spine.

KUNZITE - Alcoholism; anorexia; arthritis; epilepsy; gout; headaches; colitis; retardation; memory loss; schizophrenia & manic-depression; phobias; emotional equilibrium; thyroid malignancy; gums; pain; self-esteem

LAPIS - Neuralgia; melancholy; fevers; inflammations; penetrates subconscious blockages; throat chakra; sore throat; energy focuser for teachers, lecturers & speakers, mental & spiritual cleanser; used on 3rd eye for meditation; eliminates old & negative emotions; use with other healing stones; thought form amplification; helps in creating mantras.

LAZULITE - Frontal lobe stimulation; hypertension; liver diseases; immune system.

MALACHITE - Draws out impurities on all levels; balances L & R brain functions; mental illness; co-ordination and vision; radiation eliminator; evil eye protector; all purpose healer, especially in solar plexus & good for healers.

MOONSTONE - Soothes & balances emotions; helps eliminate fear of "feeling"; encourages inner growth & strength; aids peace & harmony & psychic abilities; aligns vertebrae; digestive aid.

MORGANITE - Larynx; lungs; thyroid; parasympathetic nervous system, major muscle tissues

NATROLITE - Color; lower intestines; thyroid; sciatic nerve; parasympathetic nervous system.

OBSIDIAN - Protects the gentle from being abused; stabilizer; stomach, intestine &I general muscle tissue healer; bacterial & viral inflammations.

ONYX - Objective thinking; spiritual inspiration; control of emotions & passions, help eliminate negative thinking, apathy, stress & neurological disorders; also used as a heart, kidney, nerve, skiing, capillary, hair, eye and nail strengthener.

OPAL/CHERRY - Red corpuscle & blood disorders; depression; apathy; lethargy; intuition & joy.

OPAL/DARK - Reproductive organs; spleen & pancreas; filters red corpuscles & aids white corpuscles; bone marrow; depression, esp. of sexual origin; balances; amplifies creative & intuitive thought; grounds radical emotional body.

OPAL/JELLY - Spleen & abdominal diseases; cellular reproductive problems; help absorb nutrients; minimize wide mood swings; mystical thought amplifier.

OPAL/LIGHT - Balances L & R brain hemispheres for neuro disorders; stimulates white corpuscles; helps bring the emotions to mystical experiences; aids abdomen, pituitary & thymus problems.

PEARL - Eliminates emotional imbalances; helps one master the heart chakra; aids stomach, spleen, and intestinal tract & ulcer problems.

PERIDOT - Protects against nervousness; helps alleviate spiritual fear; aids in healing hurt feelings & bruised egos; incurs strength & physical vitality; aligns subtle bodies; amplifies other vibrational energies & positive emotional outlook; helps liver & adrenal function.

PYRITE - Helps purify the bloodstream and upper respiratory tract; upper intestines; digestive aid; nervous exhaustion, grounding.

QUARTZ/SOLUTION - Lymphatic cancer & circulatory problems; helps the psychologically inflexible.

RHODOCHROSITE - Narcolepsy & narcophobia; poor eyesight; extreme emotional trauma; mental breakdown; nightmares & hallucinations; astral body; kidneys; clears solar plexus of blocked energy; unconditional love & forgiveness; evil eye protection; helps one utilize the creative power of the higher energy centers.

RHODONITE - Inner ear; alleviates anxiety; confusion & mental unrest; promotes calm, self worth, confidence & enhanced sensitivity.

RHYOLITE - Balances emotions; self worth; enhances capacity to love; aligns emotional & spiritual bodies; stimulates clarity of self-expression.

ROSE QUARTZ - Heart chakra opener, love & self-acceptance healer for emotional wounds dissipates anger & tension.

ROYAL AZEL (SUGALITE or LUVALITE) - L & R hemisphere balance; opens crown chakra; heart expression; increases altruism, vision & general understanding; protects against negative vibrations; helps one gain power to balance the physical body.

RUBY - Heart chakra; balances love & all spiritual endeavors; self-esteem; strengthens neurological tissues around the heart; prevents miscarriages.

RUTILE - Alleviates blockages within the psyche from childhood pressures.

SAPPHIRE - Spiritual enlightenment; inner peace; colic; rheumatism; mental illness; pituitary; metabolic rate of glandular functions; anti- depressant; aids psychokinesis, telepathy, clairvoyance & astral projection; personal expression; also, for pain.

SARDONYX - Mental self-control depression anxiety & especially for grief.

SMITHSONITE - Eases fear of interpersonal relationships; merges astral & emotional bodies; balances perspective.

SMOKY QUARTZ - Stimulates Kundalini energy; cleanses & protects the astral field; draws out distortion on all levels; good for hyperactivity & excess energy; grounding.

SODOLITE - Oversensitivity; helps intellectual understanding of a situation; awakens 3rd eye; cleanses the mind.

SPINEL - Leg conditions, when worn on solar plexus; powerful general healer; detoxification aid

TIGER'S EYE - Mind focuser; helps purify the blood system of pollution’s & toxins; psychic vision; grounding.

TOPAZ - Balances emotions; calms passions; gout; blood disorders; hemorrhages; increases poor appetite; general tissue regeneration; VD; tuberculosis; reverses aging; spiritual rejuvenation; endocrine system stimulation; releases tension; feelings of joy.

TOURMELINE - Dispels fear & negativity & grief; calms nerves; concentration & eloquence improve; genetic disorders, cancer & hormones regulated; raises vibrations; charisma; universal law; tranquil sleep.

TOURMELINE/BLACK - Arthritis; dyslexia; syphilis; heart diseases; anxiety; disorientation; raises altruism; deflects negativity; neutralizes distorted energies, i.e. resentment & insecurity.

TOURMELINE/RUBELLITE - Creativity; fertility; balances passive or aggressive nature

TOURMELINE/GREEN - Creativity; opens heart chakra; immune system psychological problems with the father blood pressure asthma balancer eliminates conflict within.

TOURMELINNE/BLUE (INDICOLITE) - Lungs, larynx thyroid parasympathetic nerves.

TOURMELINE/WATERMELON - Heart chakra healer; imparts sense of humor to those who need it; balancer; eliminates guilt; nervous system; integration, security & self-containment.

TURQUOISE - Master healer; protects against environmental pollutants; strengthens anatomy & guards against all disease; improved absorption of nutrients; tissue regeneration; subtle body alignment & strengthening eye disorders.