Happy Herb Teas

A list of magical meanings of herbs

Teas and brews have been used in magic for thousands of years. I am going to add to this page different kinds.... some you drink... Some you bathe in... Some are used to steam in the air....

FIRST THING.

You should try to use spring or distilled water rain waters the best (but not for the drinking brew thanks to the way our world has become. Not blaming anyone because I drive a car and watch cable tv too.) You can heat your brews on a fire. Stove or even by the sun in clear class jars.

Make the brews as needed (if you need to store them in the refrigerator for a day or two. Or make the herbal mix and put it in a tea ball (per cup). Alot of the herbs can be bought at a health food store cheap and your local craft store has the hard-to-find stuff.

Note: when making brews you still must ask the higher power to assist you with Empowering the brews....and never use them on unwilling people!!

***PS. do not forget to strain the teas.***

PSYCHIC DREAM TEA:

* One part peppermint
* One part jasmine flowers
* Two parts rose petals.
* One part mugwort
* One part cinnamon

Mix all of these add a teaspoon to a cup of boiling water and see what you dream.

BRING ON A LITTLE HAPPINESS!

* One part apple blossom
* One part catnip (I use fresh)
* One part chamomile
* and a bit of black tea

mix all (put fresh cat nip) pour hot water over it let it sit a min. Then add a few leaves of cat nip. (this also is a nice to serve to friends)

PURIFICATION BREW

* One part chamomile
* Two parts lemon rind
* One part lemon verbena
* and a dash of sugar

This is a great purification brew, and it is (of course) very good for your body. I would drink this prior to any rituals you do.

PASSION TEA

* black tea leaves
* One part clove
* One part apple blossom
* and a dash of cinnamon

This is a good tea to spice up an existing relationship.

PEACEFUL TIME TEA:

* One part thyme
* One part marjoram
* One part chamomile
* One part sage

This is a good tea before bed or prior to meditation.

HERE IS AN EASY ONE!!!

* Put a clear jar of water in the sun for a day and then add it to your bath for energy!!! You can also purify your home with it.

MOON BLESSINGS

* Put a silver container of water in the moon light overnight, before sun rise take the water in and pour it in a brown bottle (do not let this brew be in sunlight) pour this in your bath it helps to bring love, money and psychic awareness. (you must do a lunar ritual to bless the potion)

LOVE POTION:

* two glasses of red wine
* 2 tsp. of ginger
* ½ tsp. of vanilla
* 3 tsp of cinnamon

Add these together let the potion sit for 3 days and Tada Love potion.

HEALTH STEAM

Steam in a pan

* 2 parts myrrh
* One part sage
* 2 parts sandalwood
* One part rosemary

steam till when there is illness in the house.

SNUFFY SNOSE STEAM (stuffy nose steam)

Steam in a pan

* One part thyme
* One part lemon peel
* One part eucalyptus leaf
* One part spearmint leaf
* One part salt

\* This truly helps my snuffy nose!!!

TAKE THE STRESS AWAY TEA

* One part chamomile
* One part rosemary
* One mint
* One part lavender

When your head is just too full and you need a thoughtless moment, this is the tea to do it.