**Healing Spell #1**

Think intensely about the person that you want to heal while chanting the following words.

**Wrap thee in cotton,**

**Bind thee with love,**

**Protection from pain,**

**Surrounds like a glove,**

**Brightest of blessings,**

**Surround thee this night,**

**For thou art cared for**

**Healing thoughts sent in flight**