**Protect and Bring Peace and Harmony to Your Home**

Take equal parts of Betony and Lavender (or whatever you prefer), blend them together in a mortar. After mixing well, charge the herbal mixture. Using a small amount, sprinkle across the doorstep. All the while, you should be concentrating on the vivid barrier and repeat the following incantation:

**"This doorstep with its welcome ways,**

**Be guarded by a shield of rays.**

**To guard this home by day and night,**

**Protect it with this door of white.**

**Let nothing enter not of good,**

**And those within do as they would.**

**The aura left by herb and spell,**

**Will safely seal this entrance well."**