**Psychic Herb Jar**

**An herb jar to enhance your powers physically and mentally.**

Fill one jar with the following:

* Cinnamon (for dream magick)
* Nutmeg (for good luck)
* Allspice (healing)
* Ginger (lunar magick)
* Basil (protection)
* Fennel Seeds (spiritual healing)
* Garlic (spiritual purification)
* Marjoram (protection)
* Sage (spiritual purification)
* Cloves (protection)
* Mustard Seed (protection)

Before you do any scrying-of any kind-inhale the scent deeply and shake the jar gently.