**Reflection Spell #1**

This calls for casting a circle because you are using your subconscious mind and not your conscious mind. Use a round, blessed mirror. Light a Patchouli incense Smear a light coating of allspice around the outer Circle, starting at the top, going in counterclockwise position. Chant:

**Bind this (man/woman) I name \_\_\_\_\_\_\_\_**

**Bind him/her from our home and life.**

**Give us peace, remove the strife.**

**Let their will be free,**

**As long as he/she stays away from me**

**Protect our family from this day fourth,**

**Allow \_\_\_\_\_\_\_ to never darken our door.**

**Reflect back now and please be Quick.**

**Keep him/her away, if \_\_\_\_\_\_\_ breaks the spell.**

**Make him/her hear well, If \_\_\_\_\_ comes back here**

**Make \_\_\_\_\_\_\_\_\_\_ become violently ill.**

**As I have Willed, So it shall be.**