Ritual to Overcome Addiction

You need:

Paper and pen

Green candle

Cloth bag

Hematite crystal

Orange calcite

Chrysophase

Write addiction on the piece of paper and mark through it with a heavy thick line.

Inscribe the candle with your name and light it. Say:

**"Healing Ancients, I ask of thee**

**Take this pain away from me.**

**Remove any trace of this addiction**

**And heal me of all related afflictions."**

**Hold hematite to your forehead and say:**

**"Grant courage now and healing power**

**Strengthen my will hour by hour."**

Place the hematite on the right side of the candle.

Hold the chrysophase to your forehead and say:

**"Stone of joy and happiness put my urges now to rest."**

Place it on the left side of the candle.

Hold the calcite to your forehead and say:

**"Amplifier of energies Magnify their powers please."**

Place calcite in front of the candle. Say:

**"Powers of the Earth unite Bind the powers of this addiction tight**

**So it will have no hold on me as I will so mote it be!"**

Hold the paper and say:

**"Chains that bind me now break free I am power, strength, and resiliency.**

**I have the courage to overcome this (addiction).**

**Be gone from me! Do not return! Your power over me I burn!"**

Burn the paper. Watch it burn completely and meditate,

Visualize your addiction weakening, fading, and dying. Say:

**"By flame of fire, I'm purified of your delusionary lies.**

**I'm free of you and all the strife that you once cast upon my life.**

**I am healed now, I am free as I will, so mote it be!"**