**Rosewater**

**(**How to Make**)**

Rosewater may be used in the bath (about 1 Cup), hot tub, or as a splash after bathing or showering. Floral waters tone and clear the skin, they also act as hydrating agents, and help to normalize the acid balance of the skin?

2 cups of distilled water

1/4 Cup vodka

1/2 cup chemical-free red rose petals

15 drops of rose oil (optional)

Combine water, vodka, and petals in a covered jar, and place it in the sun. In less than a day the sun will extract the color and the fragrant oils from the petals. Strain through a coffee filter. Refrigerate in a covered bottle, and use within 2 weeks