**Safety First Spell**

To magically safeguard yourself, get a small mirror, preferably one that fits nicely into a pocket, purse or camera case, etc. Hold the mirror in your hands and turn it counterclockwise three times repeating this incantation each time:

**'Dilemmas deflect; evil avert;**

**Bad luck reflect; all problems divert.'**

Then turn it clockwise three times, saying:

**'Artemis, in this mirror shine**

**So that safety will be mine.'**