**Separating Yourself from a Problem or Person**

Smaller issues can be handled in a magic circle, whereas larger issues may need a full ritual. Think carefully which is best for the situation.

You will need:

two black candles

a long black ribbon

black gloves

scissors

the cauldron containing a small amount of alcohol

a silver bell (bronze will do don't know too many folks who have silver Bell)

Cleanse and consecrate all items. Dress the candles to send negativity away from you, then light them. Hold each and if the ribbon and name the ends. Pass the silver bell over the altar several times, until you feel you are in tune with the Universal energies of love and peace. Anger is not a luxury afforded to you in the situation. Put on the black gloves and say:

**I call upon the energies of Universal balance**

**I call upon the ancient energies of my people**

**I call upon the living essence of the Morrigan**

**I call upon the mighty presence of Herne**

**Underworld and heaven**

**Land and sea**

**I waken these energies unto me.**

**Witness now that I renounce and sever**

**Break bonds and connections with \_\_\_\_\_\_\_\_\_**

**By all the powers that are One Power**

**May the great sisters of karma now weave anew**

**And separate me from you**

**As I will, so mote it be!**

Cut the ribbon. It is so. Light the cauldron. Burn both pieces of ribbon.