**Sniff Out Liars**

**(Candle)**

There are certain herbs and essential oils associated with exposing deceit. One of these is violet.

To use this tiny flower's truth-discovering powers, start with a white candle. Carve it with words and symbols that represent honesty -- you can even just carve the word "honesty" into the side with a pin or knife. If you wish, you can also carve the name of the person you suspect of lying to you into the wax.

After that, thoroughly anoint the candle with violet oil. While you do this, chant...

**The truth, from me, you cannot hide.**

**I will expose your hidden side.**

**By flower purple and candle white,**

**I bring all deceptions to light!**

Light the candle just before you are going to see the person you suspect of lying to you.

If possible, have the candle burning while you subtly question them about the truth.

Do not let them know about the candle.