**Stop a Liar's Tongue**

This spell is a little intense, but it is effective. You will need a whole beef tongue, cut up one side to form a pocket. You will also need mustard seeds, cayenne pepper, a piece of parchment, and seven needles, nails, and pins.

Begin by cutting a slip of parchment. On it, write the name of the person you suspect of lying to you. Tuck it into the cow's tongue, along with seven pinches of mustard and seven of cayenne. As you do this, chant...

**No more lies shall come from you,**

**All you tell me must be true.**

Roll the tongue up, and pin it closed with needles, nails, and pins. Every time you stick the tongue, say...

**No more of your dishonesty,**

**You must tell the truth to me.**

Bind the tongue in cloth and leave it somewhere in nature along with an offering. Seven pennies are traditional.