**Unraveling Spell**

Needs:

White candle

Scissors

Small knitted clothing article (an old mitten or cap works well)

Inscribe the candle with your problem, then draw a question mark beneath the inscription. Light the candle and say:

**"Problem, problem, melt away.**

**Solutions come to me today."**

Snip a thread at the edge of the knitted piece and pull the yarn to unravel it. Say:

**"Knitted thread, as you unwind,**

**Problems can no longer bind."**

Wind the yarn into a ball saying:

**"As I smooth you to a ball,**

**Solutions rise-come one and all."**

Alternate unraveling and winding with the appropriate chants, the solution will come by the time all the yarn is wound.