**Van Van Oils**

Van Van Oil is frequently employed for spiritual purification and to expel unwelcome energy from a person or location. Typically, a mixture of herbs and oils with purportedly cleansing characteristics is used to create this oil. Van Van Oil can usher in good luck and provide protection against negative energy, particularly the evil eye. It is known to help boost success and remove obstacles that may be standing in your way. Some of the most popular ingredients include lemon, citronella, and Palmarosa.

**Van Van Van Oil Recipe #1**

* Lemon
* Citronella
* Frankincense
* Palmarosa
* Lemon Balm

**Van Van Oil Recipe # 2**

* Lemon
* Lemon Mint (aka bee balm)
* Ginger
* Pine
* Cinquefoil (five-finger grass)
* Bay leaves

**Van Van Oil Recipe #3**

* Citronella
* Hyssop
* Pine
* High John the Conqueror Root
* Vetiver

**Other ingredients to consider:**

* Irish Moss
* Lucky Hand (Salep root)
* Bamboo Leaves
* Black Tea
* Eucalyptus
* Basil
* Fern Leaves (careful this can be toxic)
* Chamomile
* Mint
* Ginseng
* Citrine or yellow topaz crystals
* Lodestones
* Comfrey
* Yellow Dock
* Pyrite
* Tobacco
* Thyme
* Sandalwood
* Mistletoe
* Salt
* Parsley
* Wintergreen
* Goldenrod
* Angelica
* St. john’s Wort
* Sage